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This care plan is for.....

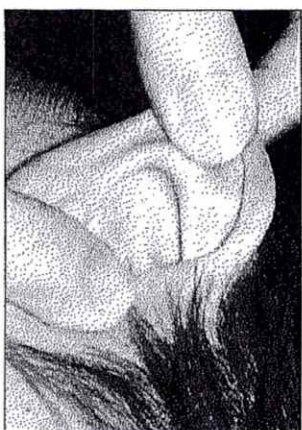
## Instructions for using olive oil ear drops



1. Lie on one side.



2. Insert the drops into the ear.



3. Massage the front of the ear.



4. Stay still for a few minutes.



5. Use a tissue to wipe the outside of your ear. Don't put cotton wool in your ears.

### Instructions:

Put ... 3 ... drops in the left ear

Put ... 3 ... drops in the right ear

Twice daily

Start on .....

Finish on .....

Signed.....